

# February 18<sup>th</sup>, 2018 Message Discussion Questions

## Redeemed Relationships – Ephesians 5.15-21

**Main Goal (FOR LEADER):** to explore more in-depthly the “ins and outs” of the 4 results being filled with the Spirit brings into our lives in Ephesians 5.19-21. (You won't have time to get to them all – so start with the one you're most excited about and go from there).

### REVIEW:

On Sunday we started a new series called “Redeeming Relationships.” And will be working through Ephesians 5 and 6 to see how God purposes us to live in relationships with one another under the Gospel.

1. This week we focused on Ephesians 5.15-21 and focused on the FUEL we will need in order to do relationships well, the Holy Spirit.

- As a group, read Ephesians 5.15-21 together (twice out loud).

### Lesson:

2. Today you'll talk more about the results of being filled with the Spirit outlined in vv19-21, but before you dig into that, talk about what it means to “be filled with the Spirit.”

\* there may be differences of opinions here, that is OKAY. Might be helpful to differentiate between 2 questions:

- What's your take on it?
- What does the Bible actually say?
- What big questions might still be unanswered? (Again, also okay)

3. What we definitely know about “being filled with the Spirit” is what Paul says here the results of that look like. First, in v19 we're told those filled with the Spirit “speak to one another with psalms, hymns, and songs from the Spirit”

- What does that mean?
- What does that look like today?
- Earlier in Ephesians 4.29-31 Paul talks about interacting with others AND references the Spirit there as well.
- How do these verses help you understand how to put 5.19 into practice?

4. Second, in v19 we're also told those filled with the Spirit “Sing and make music from your heart to the Lord”

- What does that mean?
- Read Psalm 86.11-13. How does this help you understand “singing from your heart?”

5. We're told in v20 that those with the Spirit are thankful people.

- How can we practice what's found in v20 more in our lives today?
- It's been said that thankfulness is the opposite of complaining.
- Why is that?
- What's at the heart of complaining that doesn't exist in thankfulness?
- What's the Spirit's role there?

6. Finally v21 says we “submit to one another out of reverence for Christ.” Talk about what that looks like in our lives day to day.

7. What's one thing you'll apply to your life this week as a result of interacting with God's Word here together?

8. PRAY TOGETHER.